

Client Copy – PCEC Information Sheet

Pastoral Counseling and Education Center
4525 Lemmon Avenue, Suite 200, Dallas, TX 75219
phone: 214/526-4525 fax: 214/520-6468

Who we are:

An out-patient treatment center ready to help people:

- Change their lives and relationships
- Learn coping skills
- Learn to balance work, family, social and spiritual lives

Qualifications:

This Center is accredited by the American Association of Pastoral Counselors and the Samaritan Institute. All therapists and trainees have master's degrees or higher academic training, as well as hundreds of hours of clinical experience. All therapists pledge to practice by the code of ethics of the American Association of Pastoral Counselors and the code of ethics of any other professional group by which they practice. (TX Licensed Professional Counselor, Licensed Marriage and Family Therapist, Licensed Master Social Worker, Licensed Psychologist, Psychiatrist, etc.)

What we offer:

We offer a variety of programs—individual, couple, family, group psychotherapy, play therapy for children—by staff therapists and therapists-in-training, using different approaches. All therapists have been extensively trained and receive on-going supervision and education. When appropriate, clients have the opportunity of receiving collaborative therapy with several consulting therapists.

Your role in therapy is to:

- Make a commitment for change or growth
- Take responsibility for your own life
- Set goals for therapy
- Give feedback to your therapist
- Work on your own goals between sessions

Your therapist's role is to:

- Decide if his or her skills meet your need
- Facilitate your reaching your goals
- Help identify community and other psychotherapeutic resources

Our limitations:

We are an out-patient treatment center, we cannot provide intense daily client monitoring. Further, we are unable to help clients who:

- Continue to be under the influence of illicit drugs (including alcohol)
- Misuse or refuse to use prescribed medication
- Require intense supervision
- Consistently disturb other clients or staff
- Endanger other clients or self
- Willingly destroy our property